



IT BEGINS AT THE *table*
BOOK-LAUNCH-PARTY

October 13th 2019 • 4 PM -7 PM • LELA RESTAURANT
Sheraton Hotel - 5601 W 78th St, Minneapolis, MN 55439
more info @CulinaryButterfly.com

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ADMIT ONE

In a world that separates us into tribes, how do we look beyond our differences to celebrate what makes us the same?

It Begins at the Table: 140 recipes to inspire love for every nation, tribe, and tongue, is a global cookbook that introduces the idea that food, family, friendships, and love are the great connectors of humanity that can bridge the gap between cultures and erase distance and difference.

Learn how to:

- Make over 140 delicious international dishes.
- Host a cultural dinner gathering using custom designed menus.
- Maintain a well-stocked pantry with essential ingredients.
- Experience new flavors and special traditions.



It Begins at the Table is so much more than delicious recipes and distinctive foods. It is a redemptive tale of seeing life through the eyes of love.

"Someone once asked me why I wrote this book. The answer was simple. There is an important story to tell. A redemptive tale of seeing life through the eyes of love."

- Lisa Soldo-Johnson